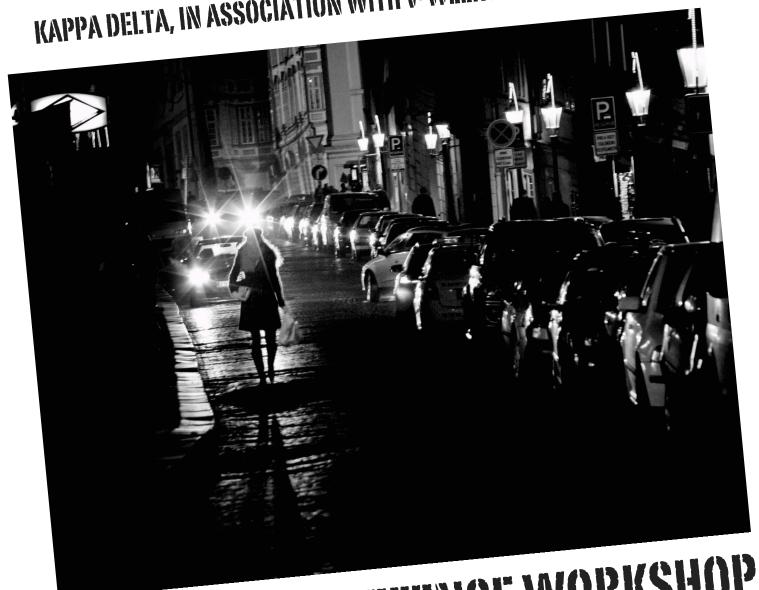
## KAPPA DELTA, IN ASSOCIATION WITH V-WEEK 2012



## WENTAL SELF DEFENSE WORKSHOP WITH SGT. REBEL ROBERTS FEBRUARY 23, 6 PW COLLIS COMMONGROUND

Sgt. Rebel Roberts will talk to students on campus about the importance of being mentally prepared for physical selfdefense. It is important to make everyone aware that self-defense is as much a mental as it is a physical preparation. The intimate discussion will range from talking about rape and abuse, to figuring out vulnerability and methods of risk reduction, to thinking about proximity and how exactly a person may act and react when they are physically close to you. The purpose of this event is to promote self-empowerment and raise awareness.

## Suggested donation: \$5. Space is limited; RSVP early! First 30 participants will receive a copy of the book Babes in Boyland: A Personal

History of Co-Education in the Ivy League by Gina Barreca